

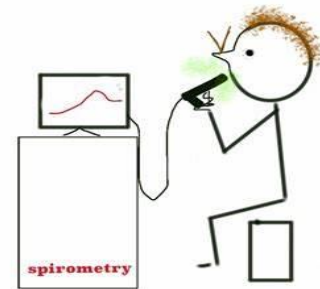


Patient Instruction for Pulmonary Function Test

YOUR APPOINTMENT IS SCHEDULED FOR: _____

PREPARATION FOR TEST

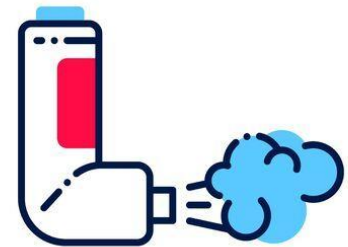
- **No Smoking** 6 hours before test
- **Arrive** 15 minutes before scheduled time
- Testing may take 1 to 1.5 hours
- **DO NOT TAKE** medications for time period stated



STOP taking Leukotriene Modifiers (Singulair) **24** to **48** hours before test

STOP taking the following medications **24** hours before test

- *Advair, Dulera and Symbicort (Serevent)
- *Flovent, Pulmicort and Asmanex
- *Bovana (Arfomoterol)
- *Spiriva
- *Any long beta agonist or inhaled corticosteroid
- *Theophylline
- *Uniphy
- *Any long acting Anticholinergics-Anora, Bevespi and Stiloto



STOP taking the following medications **6** hours before test

- | | | |
|---------------------|-----------------|------------|
| *Albuterol | *Atrovent | *Combivent |
| *DuoNeb | *Xopenex | *Alupent |
| *Maxar (Pirbuterol) | *Primatene Mist | |

A Pulmonary Function Test (PFT) evaluates an individual's ability to move air into and out of the lungs and quantitates the severity of any impairment. It also helps to distinguish problems of reduced lung volumes (restrictive disease) from problems of impaired flow rates (obstructive disease). Another purpose is to follow ventilator function serially, thereby determining natural and therapeutically induced variations.

If you have any questions call St Peter's Health Respiratory Department at 406.444.2338